# WELCOME CHARGER FAMILY! UAHUNTSVILLE



University of Alabama in Huntsville **Family Newsletter -- September Edition** 

#### In This Issue

Important Dates Helpful Links First 6 Weeks Family Weekend Conversation Starters Around Campus

#### Important Dates for Fall 2013



September 2, Holiday - University 2013 Closed

September 4, 2013 Last day to drop and receive refund

October 3-5. 2013 Fall Break - No classes; University Open

October 11, 2013 Midterm

November 5, Registration for 2013 Spring 2014 classes begins

December 5-11, 2013 Final Exams

December 15, 2013 Fall Commencement

#### **Helpful Links**

**Student Affairs** 

## **CHARGER** UAH SUCCESS: 101

"Charger Success 101" is a great way for students to begin their college experience at the University of Alabama in Huntsville. This one-credit course is required of all new freshmen and is designed complement the rest of their coursework, familiarizing them with the university, life as a new student, and campus resources. "Charger Success 101" is designed to build relationships between new students and encourage open discussion with instructors. Establishing these connections at their point of transition to this campus will help students build the foundation for a richer UAH experience. During this course, students will also gain the practical skills and personal investment necessary to make the most of their time at The University of Alabama in Huntsville.



"Charger Success 101" is taught by one faculty or staff member and assisted by two upperclass students called "FYE Scholars." This class is taught in a flipped format, with students viewing a short lecture or video online through ANGEL prior to the class, allowing the class time to be used for discussion and activities.

Student Financial Services

University Housing

New Student Booklet

Student Health Center

First-Year Experience

#### Getting connected UAH on Social Media





### PARENT & FAMILY PROGRAMS

#### Add more members to our Family Mailing



#### Family Quote of the Month:

"UAH has been a great place for my son to grow as an individual. He always seems to be on top of things with the atmosphere of success provided on campus" - -Vicki Davis, *Mother of Alexander Davis*.



Did your student have a blast with WOW? Check-out more photos <u>here</u>

This course also introduces students to technology that they will use over their college experience. As part of the course, all sections use a classroom response system, known as a clicker, which is used throughout the semester to promote student engagement. Each student was given a clicker on the first day of class, allowing them to be an active part of every conversation.

The topics covered during "Charger Success 101" include: learning at a research institution

- time management
- information literacy
- technology and learning
- learning styles and strategies
- career exploration
- financial literacy
- diversity
- health and wellness
- academic & social responsibility
- leadership and campus involvement
- bystander behavior, social norming, and alcohol education



The First 6 Weeks (F6W)

Research shows that a student's first few weeks on campus are the most critical in determining whether or not they will persist to complete a degree. At UAH we know the importance of not only the first few weeks but also of the first year on campus. The transition from high school to college can be difficult for students, and support is often needed to help students ease through the transition.

To help students ease through the college transition, we began with the First 6 Weeks (F6W), six weeks of programming designed to help students connect to people, places, resources, and services here at UAH. Beginning with the Week of





Welcome, our new students experienced 102 events in one week. That was 102 ways to get involved, meet other students, and connect to faculty and staff. Throughout the next 5 weeks, students have the opportunity to participate in social, academic, and wellness offerings across campus. For more information on what's happening on campus or to learn about additional resources for students, go to www.uah.edu/student-affairs.

### **Register Now for Family Weekend**

Family weekend is a celebration in honor of parents, grandparents, guardians, siblings and all extended family! Students and their families can participate in a variety of scheduled activities, enjoy campus, and explore the city of Huntsville. Some of the events include:



Friday, September 27

Re-Connecting with Campus Step Afrika! Performance Dessert Social with Student Performers

#### Saturday, September 28

International Festival Academic updates & a message from our President Be entertained with ACE! Family Movie Night

Sunday, September 29 Brunch with Student Affairs and University Housing

For a full-list of events and to register for Family Weekend visit: **uah.edu/familyweekend** 

# Conversations Starters with Your Student



Your student is still possibly changing from the high school setting to the college setting. Use these differences that they may be experiencing as conversation starters to make sure your Charger is successful.

#### 1. Teacher to Student Contact

Compared to daily interaction with teachers, students need to understand that College Faculty are available during office hours posted on their syllabus. Many faculty members find that students are not taking advantage of these hours for additional assistance. Encourage your student to make an appointment or visit during this time period. College Faculty also may not remind students about assignments and class time is spent on lecture material and not homework. Developing time management and accountability is key.

#### Questions to ask your student

Do you know your professor's contact information? Are you gong to speak with them during office hours? Have you re-read your course syllabus?

#### 2. Academic Success

Sometimes students made good grades with minimal effort or competition. However, students at UAH are competing with some of the "best and brightest" in the nation. It will take effort by your student to be successful. Don't put them down for a grade they may not be used to getting, instead encourage them to seek out their professor and resources within the <u>Student Success Center.</u>

Questions to ask your student

Does the SSC offer a tutor for this course? Does your course have a PASS Leader? Do you need help with study skills?

#### 3. Counseling

Often in the high school setting, students had frequent contact with counselors. In a university of 7,000 plus, students must rely own their own judgment and decision making skills on seeking out advice. If your student is in need of additional encouragement or support please have them seek out our

#### Counseling Center.

Questions to ask your student How are you feeling? Have you been getting enough rest? How's getting involved on-campus going?

#### 4. Motivation

While living at home, your student may have gotten motivation to complete assignments from you. Now students must find motivation within themselves. This includes not only being academically motivated, but also socially motivated to seek out opportunities on-campus. Remind your students about <u>on-campus events.</u>

#### Questions to ask your student

How are some ways you can balance work, social life, classes & activities?

Tell me about some of the organizations you are interested in?

#### 5. Freedom

Students now have more freedom and independence and must face accepting responsibility for their own actions. Remind them of our <u>University's code of conduct.</u>

#### Questions to ask your student

What's your plan when offered drugs or alcohol at a party? Do you know who to contact in your residence hall if your roommate is abusing drugs or alcohol?

#### 6. Values

With a diverse array of people and ideas it can be overwhelming for new students to hold on to previous values. Challenge your student that through interactions with others they can still develop their own perspectives, opinions, and values.

#### Questions to ask your student

Tell me about some new and interesting people you have met? What can you learn or gain from these new people? Have you joined any groups or organizations with similar values?

Source: Cal Poly Parent Handbook 2004; University of Nevada Transitions Book 2006; University of South Florida Parent Book 2013.

### Around Campus...



#### September - Sandella's Every Friday

Sandella's Sounds

Singers, Musicians, Spoken Word & Artists. Want to perform at an upcoming Sandella's Sounds event? Then complete the form link <u>here</u>. Lots of great prizes and food each week!

# September with ACE (Remember all events are FREE)



9/11/2013 9:00-10:00 PM "Be the Change You Want to See" A high energy & interactive program with Jessica Pettitt

9/18/2013 7:00 PM Pottery by You

9/21/2013 5:30 AM Depature Six Flags Georgia Transportation provided

9/25/2013 9:00 PM Carlie & Doni Improv, Comedy & Singing!

#### September with Charger Athletics Go to uahchargers.com

to see all events happening this month!



#### September 12, 2013 UAH Career Fair

UAH 2013 Fall Career Fair, open exclusively to currently enrolled students and alumni from 10 a.m., to 2 p.m. Professional dress required. Please remember to bring your UAH Charger Card.

#### September 19, 2013 UAH Celebrates Hispanic Heritage Month

UAH Hispanic Heritage Month Celebration, Thursday, September 19, featuring Ana Maria Alvarez, founding artistic director of Contra-Tiempo Urban Latin Dance Theater Company. Sponsored by the UAH Offices of Multicultural Affairs and Diversity. A flash mob and after party will be sponsored by the Salsa Club. Two events will be held, 11:10 a.m. to 12:30 p.m., and 7:30 p.m., to 9 p.m., in the University Center Exhibit Hall. The after party will be held from 9 p.m., until 11 p.m.

#### September 20,2013 UAH Health Careers Day 2013

Attend Health Careers Day sessions (nursing, medicine and more) from 10 a.m., to 3 p.m., at the University Center. After the sessions attend an Information Fair where you can meet and greet with various representatives from professional health schools from Alabama and Georgia. Students must register to attend. Enter a raffle just for

registering www.uah.edu/hcd/students.

