

Parent & Family NEWSLETTER



PARENT & FAMILY
PROGRAMS

The University of Alabama in Huntsville
Family Newsletter -- October Edition

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Important Dates for Fall 2013



October 3-5, 2013
Fall Break - No classes;
University Open

October 11,
2013 Midterm

November 5,
2013 Registration for
Spring 2014 classes begins

December 5-11, 2013
Final Exams

December 15, 2013
Fall Commencement

Helpful Links

[Student Affairs](#)

[Student Financial Services](#)

[Housing & Residence Life](#)

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[First-Year Experience](#)

Getting connected



STUDENT SUCCESS CENTER

After speaking with your student recently, you know that midterms are upon them. This can be a very stressful time for you and your student. Academic challenges are not rare and your student is not alone. Your concerns about your student's success can hopefully be eased by one of our most important resources on-campus- UAH's Student Success Center. Maybe this letter to our SSC will sound familiar...

Dear Student Success Center,

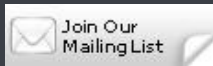
I am writing to you because my son is in his first semester at UAH, and I am hoping you might provide him with some advice about doing well on his mid-term exams.

My first request is that you talk with him about becoming a strategic learner. I know there are many skills I have now that I did not possess, let alone use, when I was a college student. For example, effective time management is a skill that will help him use his time productively as he prepares for exams. Learning how to take good notes by actively listening and read textbooks by

UAH on Social Media



Add more members to our
[Family Mailing](#)



Family Quote of the Month:

"UAH has helped hone my daughter's leadership skills. UAH has not only provided a place for her to become more independent, but also has given her the opportunities she needs to emerge as a more confident team-builder." -*Jeana Barber, Mother of Libby Barber.*



Did your family have fun
at Family Weekend?
Check-out more photos
[here](#)

being fully engaged are skills that will serve him in the world of work.

He will need to learn about using his resources. I know you do a great job at your center-your tutors, PASS leaders and coaches are great-but I hope you will advise him to talk with his professors and study with his classmates. I sure would appreciate it if you might mention to him that his dad is here to support him; I see that as my new role.

Finally, please coach him about the value of persistence and seeing adversity as an opportunity for learning and growth. I know when I got my first, ahem, "less-than-stellar" grade on an exam, I felt I didn't belong in college. I was afraid to talk to anyone about it. Fortunately, my parents and the academic support staff at my university were there to help me realize that persisting to overcome adversity is one of the keys to being a lifelong learner. And that, most of all, is what I hope for my son.

Sincerely,
A Concerned Dad

Dear Concerned Dad,

I would like to thank you for your recent letter to the Student Success Center (SSC) and your involvement in your son's academic success. As you pointed out in your letter, the SSC has a number of resources available to your son such as tutoring and PASS, and so much more to take advantage of at UAH to ensure his best academic performance.

As a Peer Academic Coach, I would encourage your son to maximize all the resources at his disposal. It is important he maintain open lines of communication with his professors; office hours are a great way to seek additional assistance and have questions answered. In addition, the university's Angel system allows your son to have direct contact to send emails, not only his professor, but also his classmates. This is a wonderful way to reach out to classmates and form informal study groups to reinforce the course material. As your son adjusts to the new expectations and requirements of college, there will be adversity. I would reassure your son that feelings of uncertainty are common as student's transition from high school to college. In reality, "less-than-stellar" grades will occur. However, seeking the resources of his professors, classmates and the SSC he can learn how to manage his time effectively and become an active learner. Perseverance towards his goals will drive his long-term success.

All of these resources form a strong support system that helps each individual student at UAH, to include your son. The most important single component of this support system is the parents with their encouragement and love. With all of these resources at his disposal, he will develop the skills necessary not only to achieve success on his first college mid-terms, but to carry with him throughout life.

Sincerely,
Peer Academic Coach



Save Date!

UAH Parent & Family Programs invites you to come join in on our Homecoming festivities on October 18, 2013.

Events include:
Homecoming Parade
Tailgating
Midnight Madness

All events are FREE! For more information go to:
uah.edu/homecoming



Spring 2014 Class Registration Begins
November 5, 2013

Encourage you student to schedule their appointment with their Academic Advisor

Questions to ask you Student for a successful registration:

1. Who is your advisor?
2. Where are they located?
3. How do you make an appointment?
4. How many hours are you planning on taking?
5. Have you heard about **GO FOUR?**
6. Do you remember how to use College Scheduler?
7. Do you have your student account login?
8. Are you remembering to check your UAH Email daily?
9. What will be your favorite class next Spring?
10. What class will you need the most help in?

Around Campus...

October - Sandella's Every Friday



Sandella's Sounds

Singers, Musicians, Spoken Word & Artists. Does your student want to perform at an upcoming Sandella's Sounds event? Then complete the form link [here](#). Lots of great prizes and food each week!

October with ACE (Remember all events are FREE) Association for Campus Entertainment

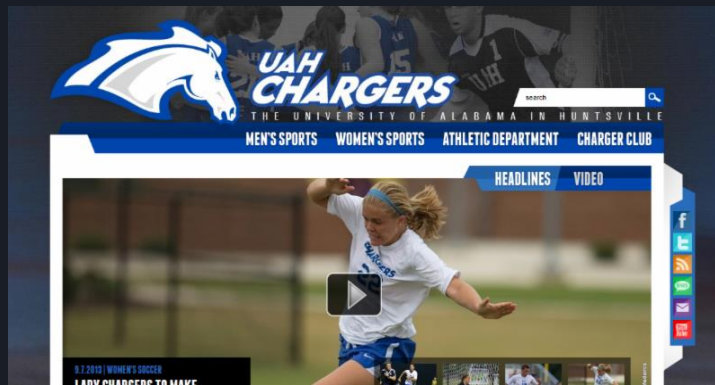
10/9/2013 Bowling

10/16 Charger Stomp

10/23 Movie Night

October with Charger Athletics
Go to uahchargers.com
to see all events happening this month!

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Aspire Leadership Program

UAH's Aspire leadership program provides first year students with an opportunity to meet, learn from and network with student leaders, faculty and staff. Aspire members will learn about themselves and their leadership style, focus on strengthening leadership skills, and building relationships. Throughout this program, members will also learn ways to get involved in student life at UAH. Encourage your student to Apply by 5 p.m. on October 25, 2013 to be in the 2014 Aspire leadership program! Contact: Kacey Schaum - kacey.schaum@uah.edu

New Student Orientation Leaders

Did your student have a wonderful time at Orientation? Do you think they would be a good fit as a leader within this program that helps to launch student success on-campus? Encourage them to apply! Applications will be accepted until October 18, 2013. Contact: Jenny Russell - orientation@uah.edu

Summer Internships in Costa Rica

Information Session October 18

The FLL Department welcomes UAH graduate Renée Ryan, Managing Partner of Language That Works (LTW) who will present an information meeting on October 18th at 2:30 in Morton Hall Room 310 on their Summer 2014 internship program in Costa Rica. These internships are conducted in collaboration with a team of Costa Rican professionals and very professionally run. They include a position with a local organization or company, orientation, accommodations, excursions, travel insurance, cultural activities and 24/7 in country support.

This program fulfills the Internship requirement for FLL Majors but you do not have to be a FLL major to participate. We look forward to seeing you!

For more info:

Renée Ryan 256-585-6633 ext. 2
renee.ryan@languagethatworkslc.com
karl.keller@uah.edu (MH307)

**US Space & Rocket Center Free Movies for UAH
Students Now through September 30**

Check out the Space & Rocket Center's FREE
Thursday Night Movie series (with your UAH ID
Card)!

Movies begin at 7 pm.

80's Horror/Sci-Fi Classics

October 3 - Gremlins

October 10 - Little Shop of Horrors

October 17 - Twilight Zone: The Movie

October 24 - Ghostbusters

October 31 - 7pm - ET and 9pm - Poltergeist

Newsletter Provided by UAH Parent & Family Programs
Visit uah.edu/chargerfamily