Student Emergency Preparedness Checklist

☐ My information in UAlert is accurate and I have denoted how I want to be notified in case of an emergency on campus.  (http://ualert.uah.edu)

☐ I have programmed the UAH Police Department’s phone numbers into my cell phone:
   Non-emergency: (256) 824-6596  Emergency: (256) 824-6911

☐ My roommates and/or close friends know how to contact my family or emergency contact person.

☐ My family or emergency contact knows how to contact my roommates and/or close friends in case of emergency.

☐ I have an entry in my cell phone of ICE (In Case of Emergency) so that police/fire/EMS can contact my emergency contact if I cannot speak.

☐ I know more than one way to get out of every building where I live, have classes, activities, and meetings. If one exit is blocked, I can get out of the building using a different exit.

☐ I know where to shelter on campus and at home in case of severe weather such as a tornado. For severe weather shelter areas, I should avoid windows, exterior walls, and rooms with high ceilings. I should try to get to one of the lowest levels in the building.

☐ When I go out at night, I have a plan on how I will get home. I have friends I can call to pick me up if I get stuck at a party or location where I feel uncomfortable.

☐ When I go out, my roommates and/or close friends know where I am going and the people I will be with.

☐ I know how to get to the UAH Student Health Center or local hospital if I get sick.

☐ I know the housing staff for my residence hall, including my Resident Assistant, Resident Director, and other staff in case there is an emergency or other problem.

☐ I have an emergency kit that includes a flashlight, radio (and fresh batteries), nonperishable food, first aid kit, and other items. A complete list of essential kit items can be found at http://www.ready.gov.

☐ I have an emergency plan and my family and close friends have a copy.

For additional information please visit the “Student Preparedness” page of the UAH Emergency Preparedness Web site

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