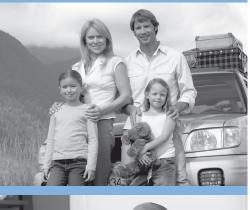
### We cover what matters.



# BlueCard®PPO Plan Benefits



The University of Alabama at Huntsville 79912

BlueCard® PPO

Effective January 01, 2024



Visit our website at AlabamaBlue.com



## The University of Alabama at Huntsville BlueCard® PPO

Effective January 01, 2024

DENEEIT	Effective January 01, 2024	OUT OF NETWORK	
BENEFIT  Benefit payments are based on the amounts	IN-NETWORK  nt of the provider's charge that Blue Cross and/o	OUT-OF-NETWORK  r Blue Shield plans recognize for payment of	
benefits. The allowed amou	nt may vary depending upon the type provider ar	nd where services are received.	
SUMMARY OF COST SHARING PROVISIONS			
· · · · · · · · · · · · · · · · · · ·	s Mental Health Disorders and Substan	· · · · · · · · · · · · · · · · · · ·	
Calendar year deductibles and or Calendar Year Medical Deductible	ut-of-pocket maximums will be calculated in acco \$150 per individual per calendar year	ordance with applicable Federal law.	
Jaionda Tour Moulou Boudoublo	wroo per individual per calcildar year		
Calendar Year Pharmacy Deductible	\$150 per individual per calendar year		
Calendar Year Out-of-Pocket Maximum	\$2,500 individual; \$7,150 family		
		cluding copay for out-of-network mental health and ly to the in-network out-of-pocket maximum excluding	
	Payments made by drug manufacturer assistance programs may not apply towards the deductible or out-of-pocket maximum.		
	There is a separate \$2,500 individual; \$7,150 family prescription drug out-of-pocket maximum		
	After you reach your individual Calendar Year Out-of-Pocket Maximum, applicable expenses for you will be covered at 100% of the allowance for the remainder of the calendar year		
	Out-of-network: All copays and coinsurance for out-of-network other covered services apply to the annual out-of-pocket maximum. Applicable expenses are listed under the "BENEFITS FOR OTHER COVERED SERVICES" heading starting on page 7. Only services under this heading apply to the out of network out of pocket maximum. In-network and out-of-network out-of-pocket amounts apply to each other		
	In-network and out-of-network out-of-pocket amounts apply to each other		
INPA	TIENT HOSPITAL AND PHYSICIAN BEI	VEELTS	
	s Mental Health Disorders and Substan		
Precertification is required for inpatient	admissions (except medical emergency services mergencies. Generally, if precertification is not o 248-2342 (toll-free) for precertification.	, maternity and as required by Federal law);	
Inpatient Hospital and Residential	Covered at 100% of the allowed amount	Covered at 80% of the allowed amount for	
Treatment Facilities	for semi-private room and board, intensive care units, general nursing services and usual hospital ancillaries, subject to \$400.00 per admission copay and subject to calendar year deductible; 365 days per confinement	semi-private room and board, intensive care units, general nursing services and usual hospital ancillaries, subject to \$400.00 per admission copay and subject to calendar year deductible; 365 days per confinement.	
	GOTIMI GITIGITI	Note: In Alabama, available only for medical emergency and accidental injury	
npatient Physician Visits and Consultations	Covered at 100% of the allowed amount, subject to calendar year deductible	In Alabama, covered at 50% of the allowed amount, subject to calendar year deductible	
		Outside Alabama, Covered at 80% of the allowed amount, subject to calendar year deductible	
	OUTPATIENT HOSPITAL BENEFITS		
Precertification is required AlabamaBlue.com/Prov	s Mental Health Disorders and Substand for some outpatient hospital benefits and providerAdministeredPrecertificationDrugList. Please	ider-administered drugs; visit e see your benefit booklet.	
Precertification is required AlabamaBlue.com/Prov	s Mental Health Disorders and Substan for some outpatient hospital benefits and prov	ider-administered drugs; visit e see your benefit booklet.	

BENEFIT	IN-NETWORK	OUT-OF-NETWORK
Emergency Room (Medical Emergency)	Covered at 100% of the allowed amount, subject to \$150.00 hospital copay and subject to calendar year deductible	Covered at 100% of the allowed amount, subject to \$150.00 hospital copay and subject to calendar year deductible
		Mental Health Disorders and Substance Abuse Services apply to the in-network out-of-pocket maximum
Emergency Room Non-Emergency	Covered at 80% of the allowed amount, subject to \$150.00 hospital copay and subject to calendar year deductible	Covered at 80% of the allowed amount, subject to \$150.00 hospital copay and subject to calendar year deductible
Emergency Room (Accident)	Covered at 100% of the allowed amount, subject to \$150.00 hospital copay and subject to calendar year deductible	Covered at 100% of the allowed amount, subject to \$150.00 hospital copay and subject to calendar year deductible
Emergency Room (Physician)	Covered at 100% of the allowed amount, subject to \$55.00 physician copay and subject to calendar year deductible	Covered at 100% of the allowed amount, subject to \$55.00 physician copay and subject to calendar year deductible
		Mental Health Disorders and Substance Abuse Services apply to the in-network out-of-pocket maximum
Chemotherapy, Hemodialysis, IV Therapy & Radiation Therapy	Covered at 100% of the allowed amount, subject to calendar year deductible	Covered at 80% of the allowed amount, subject to calendar year deductible
Diagnostic Lab & X-ray	Covered at 100% of the allowed amount, subject to calendar year deductible	Covered at 80% of the allowed amount, subject to calendar year deductible
	MRI(s), CAT, PET & Thallium Scans, Cardiac Scans, heart catheterizations, colonoscopy and endoscopy covered at 100% of the allowed amount, subject to \$125.00 copay and subject to calendar year deductible	MRI(s), CAT, PET & Thallium Scans, Cardiac Scans, heart catheterizations, colonoscopy and endoscopy covered at 80% of the allowed amount, subject to \$125.00 copay and subject to calendar year deductible
	Note: If there is more than one procedure done on the same date of service there will be only one copayment taken for the facility and only one copayment taken for the physician.	Note: If there is more than one procedure done on the same date of service there will be only one copayment taken for the facility and only one copayment taken for the physician.
Intensive Outpatient Services and Partial Hospitalization for Mental Health Disorders and Substance Abuse Services	Covered at 100% of the allowed amount, subject to \$55.00 daily hospital copay and subject to calendar year deductible	Covered at 80% of the allowed amount, subject to calendar year deductible
	PHYSICIAN BENEFITS	
,	Mental Health Disorders and Substan	,
Precertification is required for some physician benefits and provider-administered drugs; visit AlabamaBlue.com/ProviderAdministeredPrecertificationDrugList. Please see your benefit booklet. If precertification is not obtained, no benefits are available. For provider-administered drugs listed on AlabamaBlue.com/Providers/HealthSmartRx, cost share may vary based on available manufacturer assistance. Upon enrollment, cost		
Office Visits and Outpatient	share will be lowered or reduced to zero.  Covered at 100% of the allowed amount,	In Alabama, covered at 50% of the
Consultations Rendered by a Primary Care Physician	subject to \$35.00 physician copay and subject to calendar year deductible	allowed amount, subject to calendar year deductible
(Includes: Internist, Family & General Practitioner, Pediatrician, OB/GYN & Geriatrician)		Outside Alabama, Covered at 80% of the allowed amount, subject to calendar year deductible
Office Visits and In-Person Consultations Rendered by a Specialist	Covered at 100% of the allowed amount, subject to \$55.00 physician copay and subject to calendar year deductible	In Alabama, covered at 50% of the allowed amount, subject to calendar year deductible
		Outside Alabama, Covered at 80% of the allowed amount, subject to calendar year deductible

BENEFIT	IN-NETWORK	OUT-OF-NETWORK
Second Surgical Opinions	Covered at 100% of the allowed amount, subject to calendar year deductible	In Alabama, covered at 50% of the allowed amount, subject to calendar year deductible
		Outside Alabama, Covered at 80% of the allowed amount, subject to calendar year deductible
Nurse Practitioner/Nurse Midwife/Clinical Nurse Specialist/Mental Health Nurse Practitioner/Mental Health Clinical	Covered at 100% of the allowed amount, subject to \$20.00 physician copay and subject to calendar year deductible  Services must be rendered under the	In Alabama, covered at 50% of the allowed amount, subject to calendar year deductible
Nurse Specialist and Physician Assistant's Office Visits and Consultations	services must be rendered under the supervision of a PPO doctor.	Outside Alabama, Covered at 80% of the allowed amount, subject to calendar year deductible
Telephone and Online Video Physician Consultations Program	Covered at 100% of the allowed amount, subject to \$20.00 payment per consultation	Not Covered
To enroll in the telephone and online video consultations program, go to AlabamaBlue.com/Teleconsultation or call 1-855-477-4549.	Consultation	
Telephone and online video consultations are available to diagnose, treat and prescribe medication (when necessary) for certain medical issues.		
Telephone and Online Video Physician Consultations Program – Dermatology  A service, through Teladoc <sup>™</sup> to diagnose, treat and prescribe medication (when necessary) for	Covered at 100% of the allowed amount, subject to \$55.00 payment per consultation and subject to calendar year deductible	Not Covered
certain dermatology issues. To enroll, go to <b>Teladoc.com/Alabama</b> or call 1-855-477-4549		
Telephone and Online Video Physician Consultations Program – Behavioral Health Services A service available to diagnose, treat and prescribe medication (when necessary) for certain behavioral health conditions is available through TeladocTM. To schedule an appointment with a TeladocTM behavioral health provider, go to Teladoc.com/Alabama or call 1-855-477-4549	Covered at 100% of the allowed amount, \$55.00 initial consult fee and subject to calendar year deductible with MD; \$55.00 ongoing consult fee and subject to calendar year deductible with MD; \$35.00 consult fee and subject to calendar year deductible with non-MD provider	Not Covered
Surgery Performed in a Physician's Office	Covered at 100% of the allowed amount, subject to \$35.00 office visit copay and subject to calendar year deductible if performed by a Primary Care Physician	In Alabama, covered at 50% of the allowed amount, subject to calendar year deductible
	Covered at 100% of the allowed amount subject to \$55.00 office visit copay and subject to calendar year deductible if performed by a Specialist	Outside Alabama, Covered at 80% of the allowed amount, subject to calendar year deductible
Surgery & Anesthesia	Covered at 100% of the allowed amount, subject to calendar year deductible	In Alabama, covered at 50% of the allowed amount, subject to calendar year deductible
		Outside Alabama, Covered at 80% of the allowed amount, subject to calendar year deductible
Maternity Care	Covered at 100% of the allowed amount, subject to calendar year deductible	In Alabama, covered at 50% of the allowed amount, subject to calendar year deductible
		Outside Alabama, Covered at 80% of the allowed amount, subject to calendar year deductible

BENEFIT	IN-NETWORK	OUT-OF-NETWORK
Hemodialysis, Chemotherapy, Radiation Therapy & IV Therapy	Covered at 100% of the allowed amount, subject to calendar year deductible	In Alabama, covered at 50% of the allowed amount, subject to calendar year deductible  Outside Alabama, Covered at 80% of the allowed amount, subject to calendar year deductible
Diagnostic Lab & X-ray	Covered at 100% of the allowed amount, subject to calendar year deductible  However MRI(s), CAT, PET & Thallium Scans, Cardiac Scans, heart catheterizations, colonoscopy and endoscopy covered at 100% of the allowed amount, subject to a \$35.00 copay and subject to calendar year deductible.  Note: If there is more than one procedure done on the same date of service there will be only one copayment taken for the facility and only one copayment taken for the physician.	In Alabama, covered at 50% of the allowed amount, subject to calendar year deductible.  However MRI(s), CAT, PET & Thallium Scans, Cardiac Scans, heart catheterizations, colonoscopy and endoscopy covered at 50% of the allowed amount, subject to a \$35.00 copay and subject to calendar year deductible  Outside Alabama, covered at 80% of the allowed amount, subject to calendar year deductible.  However MRI(s), CAT, PET & Thallium Scans, Cardiac Scans, heart catheterizations, colonoscopy and endoscopy covered at 80% of the allowed amount, subject to a \$35.00 copay and subject to calendar year deductible  Note: If there is more than one procedure done on the same date of service there will be only one copayment taken for the facility and only one copayment taken for the physician.
Applied Behavioral Analysis (ABA) Therapy Limited to ages 0-18 for autism spectrum disorders	Covered at 100% of the allowed amount after \$55 copay and subject to calendar year deductible	Covered at 80% of the allowed amount, subject to calendar year deductible

#### TELEHEALTH SERVICES

Benefits are provided for Telehealth Services subject to applicable cost-sharing for In-network and Out-of-network services, when services rendered are performed within the scope of the health care providers license and deemed medically necessary.

PREVENTIVE CARE BENEFITS			
(Includes Mental Health Disorders and Substance Abuse)			
Routine Immunizations and Preventive Services	Covered at 100% of the allowed amount, no copay or deductible	Not Covered	
See AlabamaBlue.com/PreventiveServices and AlabamaBlue.com/ NetResultsACAPreventiveDrugList for a listing of the specific drugs, immunizations and preventive services or call our Customer Service Department for a printed copy			
Certain immunizations may also be obtained through the Pharmacy Vaccine Network. See AlabamaBlue.com/VaccineNetworkDrugList for more information	facility and the Division of D		

**Note:** In some cases, office visit copays or facility copays may apply. Blue Cross and Blue Shield of Alabama will process these claims as required by Section 1557 of the Affordable Care Act.

BENEFIT	IN-NETWORK	OUT-OF-NETWORK	
	PRESCRIPTION DRUG BENEFITS		
(Includes Mental Health Disorders and Substance Abuse)			
	for some drugs; if precertification is not obtaine		
Retail Prescription Drug Card Benefits	Covered at 100% of the allowed amount, Tier 2, Tier 3 and Tier 4 drugs subject to	Not Covered	
<ul> <li>The pharmacy network for the plan is Prime Participating Network</li> </ul>	separate \$150 prescription drug deductible per person per calendar year.		
<ul> <li>Some copays combined for diabetic supplies</li> </ul>	Tier 1 Drugs:		
<ul> <li>Fertility medications are covered</li> </ul>	\$15 copay per prescription		
<ul> <li>Prescription drugs - up to a 31-Day supply</li> </ul>	Tier 2 Drugs:		
<ul> <li>The only in-network pharmacy for someTier 4 (specialty) drugs is the Pharmacy Select Network; view the Specialty Drug Lists at AlabamaBlue.com/SelfAdministered</li> </ul>	\$45 copay per prescription  Tier 3 Drugs: \$65 copay per prescription		
SpecialtyDrugList	Tier 4 (specialty) Drugs:		
<ul> <li>View the NetResults 1.0 (Up to 4 Tier) drug lists that apply to the plan at</li> </ul>	\$125 copay per prescription		
AlabamaBlue.com/NetResults1 DrugList4T	For drugs on the FlexAccess Drug List, cost share may vary based on available drug		
Certain drugs are part of the FlexAccess Program. See list at	manufacturer assistance. If assistance is available, the amount member pays out-of-		
AlabamaBlue.com/FlexAccessDrugList	pocket will be set by the drug manufacturer assistance program.		
<ul> <li>Locate a Prime Participating Network pharmacy at AlabamaBlue.com/ PrimeParticipatingPharmacyLocator</li> </ul>	Separate Annual Out-of-Pocket Maximum:		
Some immunizations may be received from an in-network pharmacy that participates in the Pharmacy Vaccine Network. A list of the eligible vaccines these pharmacies may	\$2,500 per person \$7,150 per family If Generic drug is available and Tier 3 (Non		
provide can be found at: AlabamaBlue.com/ VaccineNetworkDrugList.	Preferred) Brand drug is selected, member will be responsible for the difference in price plus the applicable Tier 3 (Non Preferred) brand copay		
Extended Supply Prescription Drug Card Benefits	Covered at 100% of the allowed amount, Tier 2, Tier 3 and Tier 4 subject to separate	Not Covered	
<ul> <li>The extended supply pharmacy network for the plan is the Prime Participating Network ESN Network</li> </ul>	\$150 prescription drug deductible per person per calendar year.		
<ul> <li>Prescription drugs-up to 31 day supply (other than maintenance)</li> </ul>	Tier 1 Drugs: \$15 copay per prescription		
<ul> <li>Maintenance only-up to 90 days with two copays</li> </ul>	Tier 2 Drugs: \$45 copay per prescription		
<ul> <li>Tier 4 (specialty) drugs are not available through extended supply pharmacy service</li> </ul>	Tier 3 Drugs: \$65 copay per prescription		
<ul> <li>View the NetResults 1.0 (Up to 4 Tier) and maintenance drug lists that apply to the plan at AlabamaBlue.com/AlabamaBlue. com/NetResults1DrugList4T</li> </ul>	Tier 4 (specialty) Drugs: Not Covered Separate Annual Out-of-Pocket		
Locate a Prime Participating Network     ESN Network pharmacy at     AlabamaBlue.com/     PrimeParticipatingPharmacyLocator	Maximum: \$2,500 per person \$7,150 per family		
	If Generic drug is available and Tier 3 (Non Preferred) Brand drug is selected, member will be responsible for the difference in price plus the applicable Tier 3 (Non Preferred) brand copay		

BENEFIT	IN-NETWORK	OUT-OF-NETWORK
Select Generic Specialty and Biosimilar	100% of the allowed amount, no deductible	Not Covered
Drugs  Generic specialty and biosimilar drugs can be dispensed for up to a 30-day supply. The only in-network pharmacy for some generic specialty and biosimilar drugs is the Pharmacy Select Network.	or copayment	
View the Select Generic Specialty and Biosimilar Drug List that applies to the plan at AlabamaBlue.com/ SelectGenericSpecialtyandBiosimil arDrugList.		
Generic specialty and biosimilar drugs are not available through the Home Delivery Network.		
Mail Order Pharmacy Benefits	Covered at 100% of the allowed amount,	Not Covered
Prescription drugs-up to 31 day supply (other than maintenance)	Tier 2, Tier 3 and Tier 4 subject to separate \$150 prescription drug deductible per person per calendar year.	
<ul> <li>Maintenance only-up to 90 days with two copays</li> </ul>	Tier 1 Drugs:	
Mail Order Drugs are available through	\$10 copay per prescription	
Home Delivery Network (Enroll online at AlabamaBlue.com or call 1-855-793-5326)	Tier 2 Drugs: \$35 copay per prescription	
<ul> <li>View the maintenance drug list that applies to the plan at AlabamaBlue.com/Maintenance DrugList</li> </ul>	Tier 3 Drugs: \$55 copay per prescription	
View the NetResults 1.0 (Up to 4 Tier) drug lists that apply to the plan at AlabamaBlue.com/NetResults	Tier 4 (specialty) Drugs: Not covered	
1DrugList4T	Separate Annual Out-of-Pocket Maximum: \$2,500 per person \$7,150 per family	
	If Generic drug is available and Tier 3 (Non Preferred) Brand drug is selected, member will be responsible for the difference in price plus the applicable Tier 3 (Non Preferred) brand copay	
	NEFITS FOR OTHER COVERED SERVI	
,	Mental Health Disorders and Substandar covered services; please see your benefit boo	, , , , , , , , , , , , , , , , , , ,
benefits are available. For provider-administe	ered drugs listed on AlabamaBlue.com/Provider assistance. Upon enrollment, cost share will be	s/HealthSmartRx, cost share may vary based
Allergy Testing & Treatment	Covered at 100% of the allowed amount, subject to calendar year deductible	Covered at 80% of the allowed amount, subject to calendar year deductible
Ambulance Service	Covered at 80% of the allowed amount, subject to calendar year deductible	Covered at 80% of the allowed amount, subject to calendar year deductible
Participating Chiropractic Services	Covered at 80% of the allowed amount, subject to calendar year deductible when	In Alabama, covered at 50% of the allowed amount, subject to calendar year
Limited to a maximum of 24 visits per person each calendar year	services are provided by a participating in network chiropractor	deductible when services are provided by a non-Participating Chiropractor
		<b>Outside Alabama</b> , covered at 80% of the allowed amount, subject to calendar year deductible
Durable Medical Equipment (DME)	Covered at 80% of the allowed amount, subject to calendar year deductible	Covered at 80% of the allowed amount, subject to calendar year deductible

BENEFIT	IN-NETWORK	OUT-OF-NETWORK
Rehabilitative Occupational and Speech Therapy	Covered at 80% of the allowed amount, subject to calendar year deductible	Covered at 80% of the allowed amount, subject to calendar year deductible
Occupational and speech therapy limited to a maximum of 35 visits per person per therapy each calendar year		
Habilitative Occupational and Speech Therapy	Covered at 80% of the allowed amount, subject to calendar year deductible	Covered at 80% of the allowed amount, subject to calendar year deductible
Occupational and speech therapy limited to a maximum of 35 visits per person per therapy each calendar year		
Rehabilitative Physical Therapy	Covered at 80% of the allowed amount,	Covered at 80% of the allowed amount,
Limited to a maximum of 35 visits per person each calendar year	subject to calendar year deductible	subject to calendar year deductible
Habilitative Physical Therapy	Covered at 80% of the allowed amount, subject to calendar year deductible	Covered at 80% of the allowed amount, subject to calendar year deductible
Limited to a maximum of 35 visits per person each calendar year		
Occupational, Physical and Speech Therapy for Autism Spectrum Disorders ages 0-18	Covered at 80% of the allowed amount, subject to calendar year deductible	Covered at 80% of the allowed amount, subject to calendar year deductible
Nutritionist Visits	Covered at 100% of the allowed amount,	Covered at 100% of the allowed amount,
Limited to a maximum of eight visits per person each calendar year.	subject to \$20.00 physician copay and subject to calendar year deductible	subject to \$20.00 physician copay and subject to calendar year deductible
Note: Employee is also responsible for any charges above the allowance.		
Preferred Home Health and Hospice	Covered at 100% of the allowed amount, subject to calendar year deductible	In Alabama, no benefits available if a non-preferred provider is used
		Outside Alabama, covered at 80% of the allowed amount, subject to calendar year deductible
		Precertification is required for services rendered outside Alabama. Call 1-800-821-7231
Home Infusion	Covered at 100% of the allowed amount, subject to calendar year deductible	Covered at 80% of the allowed amount, subject to calendar year deductible
(la aluda)	HEALTH MANAGEMENT BENEFITS	
Individual Case Management	Mental Health Disorders and Substance Abuse)  Coordinates care in event of catastrophic or lengthy illness or injury. For more information, please call 1-800-821-7231.	
Chronic Condition Management	Coordinates care for chronic conditions such as asthma, diabetes, coronary artery disease, congestive heart failure and chronic obstructive pulmonary disease and other specialized conditions.	
Baby Yourself®	A maternity program; For more information, please call 1-800-222-4379. You can also enroll online at AlabamaBlue.com/BabyYourself.	
Contraceptive Management	Covers prescription contraceptives, which include: birth control pills, injectables, diaphragms, IUDs and other non-experimental FDA approved contraceptives; subject to applicable	
Air Medical Transport	deductibles, copays and coinsurance.  Air medical transportation to a network hospital near home if hospitalized while traveling more	
Quit for Life Tobacco Cessation Program	than 150 miles from home; to arrange transportation, call AirMed at 1-877-872-8624.  A tobacco cessation program for <i>subscriber</i> , <i>spouse and dependents</i> that provides support to participants through telephone-based counseling and nicotine replacement therapy. Call 1-888-768-7848 for participation information.	
Wondr Health ®	Wondr Health® is an online clinical behavioral weight loss program.	

#### Useful Information to Maximize Benefits

- To maximize your benefits, always use in-network providers for services covered by your health benefit plan. To find in-network providers, check a
  provider directory, provider finder website (AlabamaBlue.com) or call 1-800-810-BLUE (2583).
- In-network hospitals, physicians and other healthcare providers have a contract with a Blue Cross and/or Blue Shield Plan for furnishing healthcare services at a reduced price (examples: BlueCard® PPO, PMD). In-network pharmacies are pharmacies that participate with Blue Cross and Blue Shield of Alabama or its Pharmacy Benefit Manager(s). In Alabama, in-network services provided by mental health disorders and substance abuse professionals are available through the Blue Choice Behavioral Health Network. Sometimes an in-network provider may furnish a service to you that is not covered under the contract between the provider and a Blue Cross and/or Blue Shield Plan. When this happens, benefits may be denied or reduced. Please refer to your benefit booklet for the type of provider network that we determine to be an in-network provider for a particular service or supply.
- Out-of-network providers generally do not contract with Blue Cross and/or Blue Shield Plans. If you use out-of-network providers, you may be responsible for filing your own claims and paying the difference between the provider's charge and the allowed amount. The allowed amount may be based on the negotiated rate payable to in-network providers in the same area, the average charge for care in the area or in accordance with applicable Federal law.
- Please be aware that providers/specialists may be listed in a PPO directory or provider finder website, but not covered under this benefit plan.
   Please check your benefit booklet for more detailed coverage information.
- Teladoc Health is an independent company that Blue Cross and Blue Shield of Alabama has contracted with to provide you with teleconsultation services. Blue Cross and Blue Shield of Alabama is an independent licensee of the Blue Cross and Blue Shield Association.
- Please refer to your benefit book or contact Blue Cross directly about coverage for your hospital charges and other related medical services.
   Approval for air medical services does not mean that hospitalization and other medical expenses will be covered. All coverage determinations for medical benefits are subject to the terms, conditions, limitations and exclusions of the health plan. Air medical transport services are provided through a contract with AirMed International, LLC, an independent company that does not provide Blue Cross and Blue Shield of Alabama products. Blue Cross is not responsible for any mistakes, errors or omissions that AirMed, its employees or staff members make. Air medical services terminate if coverage by your health plan ends.
- Prime Therapeutics LLC® is an independent company providing pharmacy benefit management services for Blue Cross and Blue Shield of Alabama, an independent licensee of the Blue Cross and Blue Shield Association.

This is not a contract, benefit booklet or Summary Plan Description. Benefits are subject to the terms, limitations and conditions of the group contract (including your benefit booklet). Check your benefit booklet for more detailed coverage information. Please visit our website, AlabamaBlue.com.

#### **Notice of Nondiscrimination**

Blue Cross and Blue Shield of Alabama, an independent licensee of the Blue Cross and Blue Shield Association, complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. We do not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Blue Cross and Blue Shield of Alabama:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages

If you need these services, contact our 1557 Compliance Coordinator. If you believe that we have failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance in person or by mail, fax, or email at: Blue Cross and Blue Shield of Alabama, Compliance Office, 450 Riverchase Parkway East, Birmingham, Alabama 35244, Attn: 1557 Compliance Coordinator, 1-855-216-3144, 711 (TTY), 1-205-220-2984 (fax), 1557Grievance@bcbsal.org (email). If you need help filing a grievance, our 1557 Compliance Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, D.C. 20201, 1-800-368-1019, 1-800-537-7697 (TDD). Complaint forms are available at <a href="https://www.hhs.gov/ocr/office/file/index.html">https://www.hhs.gov/ocr/office/file/index.html</a>.

#### Foreign Language Assistance

Spanish: ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-216-3144 (ITY: 711) Korean: 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-855-216-3144 (ITY: 711) 번으로 전화해주십시오.

Chinese: 注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-855-216-3144 (TTY: 711)。

Vietnamese: CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-855-216-3144 (TTY: 711).

انتباه: إذا كنت تتحدث العربية، توجد خدمات مساعدة فيما يتعلق باللغة، بدون تكلفة، متاحة لك. اتصل بـ 3144-216-1855.1 (الهاتف النصى: 711). Arabic:

**German:** ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-855-216-3144 (TTY: 711).

French: ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-855-216-3144 (ATS: 711).

French Creole: ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-855-216-3144 (TTY: 711).

Gujarati: ધ્યાન આપો: જો તમે ગુજરાતી બોલતા હોય, તો ભાષા સહાયતા સેવા, તમારા માટે નિઃશુલ્ક ઉપલબ્ધ છે. 1-855-216-3144 પર કોલ કરો (TTY: 711).

**Tagalog:** PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-855-216-3144 (ITY: 711).

Hindi: ध्यान दें: अगर आपकी भाषा हिंदी है. तो आपके लिए भाषा सहायता सेवाएँ निःशल्क उपलब्ध हैं। 1-855-216-3144 (TTY: 711) पर कॉल करें।

Laotian: ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ 1-855-216-3144 (TTY: 711).

**Russian:** ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-855-216-3144 (телетайп: 711).

Portuguese: ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-855-216-3144 (ITY: 711).

Polish: UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezplatnej pomocy jezykowej. Zadzwoń pod numer 1-855-216-3144 (TTY: 711).

**Turkish:** DİKKAT: Eğer Türkçe konuşuyor iseniz, dil yardımı hizmetlerinden ücretsiz olarak yararlanabilirsiniz. 1-855-216-3144 (TTY: 711) irtibat numaralarını arayın.

Italian: ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-855-216-3144 (TTY: 711).

**Japanese:** 注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。1-855-216-3144 (TTY: 711) まで、お電話にてご連絡ください。