

Wellness Program FAQ Sheet

- ❖ Who can participate in the wellness program?
 - All full-time faculty and staff members are eligible to participate in the wellness program.
Employees hired after October 1st will not be eligible for the incentive.
- ❖ When will I receive the \$50 incentive?
 - The \$50 incentive will be included in the final paycheck issued 12/30/2016.
- ❖ Who will be able to see my biometric screening results?
 - Only the Faculty Staff Clinic will be able to see your biometric screening results. HR will only receive a list of those names that completed the screening.
- ❖ Do I have to have UAH's health insurance to participate?
 - No, all full-time faculty and staff can participate in the program.
- ❖ Can my spouse or dependents participate in the program?
 - Currently, the program is only open to employees.
- ❖ How do I complete the BCBS health quotient if I do not have UAH's health insurance?
 - Contact Human Resources at 256-824-6545 and they will set you up with an account to complete the health quotient.
- ❖ Do I have to be an active employee to receive the \$50 incentive?
 - Yes, you must be an active employee to receive the \$50 incentive in the final check of the calendar year.