JOIN US APRIL 27!

Turn a working lunch into a WALKING lunch!

Walking is one of the easiest and most effective forms of exercise, but it can be hard to find a time to enjoy it. That’s why we are inviting you to walk during your lunch at the 11th annual National Walk@Lunch Day on Thursday, April 27.

**When:** Thursday, April 27, 2017, 11:00-1:30

**Where:** Register in Charger Union, walk for a while on the University Greenway

Don’t forget your walking shoes on Thursday, April 27!