OFFICE OF ACADEMIC AFFAIRS
COURSE APPROVAL FORM
COURSE CHANGE

College: College of Education  Prefix/Subject Code: KIN  Course Number: 315

Course Title: Adv Strength Training and Conditioning  Credit Hours: 3  Cross Listed:

Nature of Change:  Effective Date: August 2017
(Check all that apply)

☐ Add to Charger Foundations

☐ Course Title Change
Old Title: Advanced Strength Training and Conditioning  New Title: Strength Training and Conditioning

☐ Course Number Change  Old Number:  New Number:

☐ Course Description Change
Old Description:  New Description:

☐ Course Requisite Change
Old Requisite: KIN 205 and BYS 313  New Requisite: KIN 210, KIN 290, KIN 327

☐ Course Restriction Change
Old Restriction: None  New Restriction: Grade of C or better in KIN 327

☐ Fee Change  Old Fee:  New Fee:

☐ Move to Inactive  ☐ Return to Active  ☐ Delete
Justification of Change:

Name Change: The name of the course implies that the Department of Kinesiology offers an introductory course. The word "Advanced" is misleading in the title of the course. Requisite Change: The current requisites are no longer required for Kinesiology students. Information provided in KIN 327, Intro to Exercise Physiology, is needed for student success in KIN 315. KIN 290 was developed to prepare students for success in this course.

In the past, students have not been successful in this course. We identified background information, definitions, and key concepts that will increase the success rate in this course. This information is presented in KIN 290, Exercise Techniques and Leadership. Other key background information is provided in KIN 327, Intro to Exercise Physiology.

Course Restriction: A C or better in KIN 327, Intro to Exercise Physiology, is our indicator of success needed to succeed in this course, KIN 315.

Department Chair: Beth N. Quick
Grad. Council:

College Dean: Beth N. Quick
Graduate Dean:

College Curriculum Commitee:

Undergrad Curriculum Cmte:
Provost:

Charger Foundations Cmte:

Acknowledgements from other units:
Department Chair: College Dean: