



THE UNIVERSITY OF
ALABAMA IN HUNTSVILLE

CHEERLEADING

Thank you for expressing interest in the UAH Cheerleading & Mascot Program. The following information packet contains:

1. Facts about UAH's Cheerleading & Mascot Program
2. Tryout Requirements
3. Score Sheet
4. Clinic & Tryout Information

Please feel free to contact our coaching staff for questions at cheer@uah.edu

Best Wishes & Go Chargers!

Mrs. Nikki Goode
Director of Student Life
UAH Cheerleading Advisor
Charger Union, Room 223
Huntsville, AL 35899

Mr. Jason Bonilla
UAH Head Cheerleading Coach
Matrix Gym

UAH Cheerleading & Mascot Quick Facts:

- **Division:** Small Co-ed (10 – 16 Members)
- **Mascot:** Charger Blue
- **Colors:** Blue & White
- **Earn** Scholarships
- **Cheer** all Hockey and Men's & Women's Home Basketball games (Tournament travel as well)
- **Make appearances** at other athletic and University events
- **Participate** in Week of Welcome, Homecoming, Student Activities, & Recruitments Events
- **Compete Nationally** – Orlando, FL; Atlanta, GA; Myrtle Beach, SC

Requirements:

1. Complete a UAH Cheer/Mascot Application: <https://www.uah.edu/student-life/student-activities/cheerleading>
2. Release and Liability Forms (must be signed by a parent if 18 or younger):
<http://www.uah.edu/student-life/student-activities/cheerleading>
3. All first year and transfer students must have applied (*admitted* preferred) prior to the tryout date.
Current UAH students must be *registered* for the fall semester prior to the tryout date.
4. A minimum of a 2.25 GPA is required.
5. Please see the score card for information regarding tryout expectations
6. A current physical from your physician stating you are cleared to participate. **DUE AFTER MAKING THE SQUAD**

Bring to Tryouts:

1. A current photo
2. Health Insurance Information (Copy of front and back of insurance card)
3. Driver's License (copy of front and back of license)
4. Completed liability form (Download from: <https://www.uah.edu/student-life/student-activities/cheerleading>)

ATTIRE:

WOMEN: Plain White Top (Tee or Tank),
Blue Shorts
Athletic Shoes

- Hair is to be pulled back in a ponytail with a bow
- MEN:** Plain Black Shirt
Blue Shorts
Athletic Shoes
- MASCOTS:** Plain White Shirt
Shorts (Any color except blue)
Athletic shoes

Please **DO NOT** wear another university, all-star, or high school clothing during tryouts.
You will be judged on appearance, so consider clothing that is appropriate.
Absolutely no jewelry!

Summer Workouts

Summer practices will be open gym until camp. All those in the area are encouraged to attend as many as possible. Those students selected from distance areas will be given a workout schedule to complete at your local gym.

Mandatory Practices:

Dates announced in May

Associated Costs

1. A \$150 team deposit is due July 15, 2016. This deposit is refundable at the end of the season (April 2017) as long as all responsibilities have been fulfilled (as outlined in cheer contract which is provided once spot on the squad is secured) and all university items are returned.
2. Cheerleaders will be responsible for purchasing one pair of game day/competition shoes by October 15. These will be purchased through the University's vendor and an appropriate discount will be applied if applicable.
3. Cheerleaders will purchase their own
 - a. Game Day/Competition shoes (Will purchase by October 15 through University vendor. Appropriate discount will be given if applicable)
 - b. White sleeves (worn under their cheer crop) – Women Only
 - c. White undershirt – Men Only
 - d. Black bloomers
 - e. White Socks
4. Expenses including travel, competition fees, uniforms, & camp wear will be covered by the University.

Stipends:

When the budget allows, Cheerleaders and Mascots earn yearly stipends in the range of \$300-\$750. Awards are divided into two installments: October for the Fall semester and February for the Spring semester. The decision about stipends is made annually in August and is dependent on the fiscal year budget determined by the university.

Academic Expectations:

Cheerleaders & Mascots must be UAH students, maintain at least a 2.25 each semester, and be in good standing - academically and socially.

UAH Cheerleading Tryout Score Sheet

Interview [20 points] _____

Attitude (Commitment to team & university)

Overall Appeal (Appearance, Presentation, Delivery & Confidence)

Comments:

Chant/Cheer [15 points] _____

Overall Execution & Technique

Voice

Incorporated Element

Comments:

Fight Song [10 points] _____

Overall Execution & Technique

Enthusiasm

Incorporated Element

Comments:

Jumps [5 points] _____

Comments:

Tumbling [20 points] _____

Running Tumbling (10 Max) Select one:

- Round off Back Handspring
- Round off Back Handspring Back Tuck
- Optional Pass (2-trick max)

Standing Tumbling (10 Max) Select one:

- Back Handspring
- Back Tuck

Comments:

Stunting [30 points] _____

Select one:

All-Girl Base/Back-spot

Single-Base (GUYS ONLY)

Top

Perform each of the following:

Extension

Shoulder Stand

Optional [Open] Stunt

Comments:

Mascot Score Sheet

Skit: You will be asked to perform a rehearsed skit set to your selected music. This skit should be created to be performance appropriate for a basketball halftime setting. Skits should be a minimum of 1:00 minute and a maximum of 1:30. Please bring music on a CD labeled with your name.

Creativity [15 points] _____

Comments:

Fan Appeal & Interaction [30 points] _____

Comments:

Character Development [15 points] _____

Comments:

Prop Use [15 points] _____

Comments:

Interview [25 points] _____

Comments: