



## **MEDIA ALERT**

### **UAH to Host International Day of University Sport**

**What:** UAH will be hosting events supporting the International Day of University Sport (IDUS) on September 20 across the UAH campus. The United Nations Education, Science and Culture Organization officially proclaimed September 20 as IDUS, which has been an annual tradition since 2016. UAH began celebrating IDUS in October 2022 with sporting events organized by the Sports and Fitness Management Club. The celebration is designed to help promote links between universities and their local communities with sport, physical activity and healthy living playing the leading role.

**When:** Wednesday, Sept. 20, 2023. 10 a.m.-noon

**Where:** Charger Union Lawn

**About:** Event activities include:

- Announcement of the [Healthy Campus GOLD status certification](#) - the only campus in North America with this designation
- Wellness Fair, featuring all departments that are part of the FISU Healthy Campus certification committee
- Fun sporting events open to all members of the campus community:
  - Rowing competitions, 200 meters; stationary bike, 500 meters; basketball free throw, how many points made in one minute; soccer game, 3v3; flag football. UAH will be competing with other universities worldwide.
  - Adaptive sports events: boccia ball and wheelchair basketball, Spragins Hall

**Additional Information:** Click [here](#) for a campus map.

Dr. Noemi Zaharia, UAH clinical assistant professor and program coordinator, sport and fitness management, in the UAH Department of Kinesiology will be available for interviews.

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**Please RSVP to Elizabeth Gibisch at [elizabeth.gibisch@uah.edu](mailto:elizabeth.gibisch@uah.edu).**